



MEF STARTS OPERATION IN DAPE CAMP

On January 13, 2015, MEF received the much awaited good news – we secured the catering and facility management project for Djibouti Anti Piracy Enforcement (DAPE) Camp of JMSDF. With lot of cheers, MEF immediately initiated the process for taking over the camp project. Mr. Hayashi and Ms. Sarah Autor visited Djibouti soon to discuss with the customer and explore on staffing, housing and other requirements. Nakamura san and Biji followed up by trip in the very next week. A project team was formed, for detailed planning and arrangement for the project. Staffs are recruited, local contractor was finalized and containers destined to Djibouti were dispatched. On March 22, Kinoshita san and Hanaoka san moved to MEF villa (brand new, still under finishing at that time) in Djibouti, taking care of moving arrangements and logistics for the shipments reached in Djibouti. The entire project team reached Djibouti in next one week time.

On 31 March, MEF staff shifted most of the project related items to the camp – technical stores, cabin items, frozen food, dry and chilled products, all offloaded by MEF staff led by Hayashi

san. MEF staff worked in tandem with great teamwork and coordination to ensure we have a smooth beginning. The first meal prepared by MEF team was served to customers on 1 April sharp 6 AM, followed by good meals of lunch and dinner. Military was delighted by the quality of food, arrangements and preparation by MEF. The first feedback was that in the 5 years history of the camp, this was the first time that a new contractor took over the project with such precise coordination and professionalism.

The start was not without any troubles – the previous contractor declined MEF staff even to talk to their employees. No details of the project were given to us as a hand over process. MEF has proved we are much stronger in adverse situation and the team is capable enough to handle any kind of hostilities from competitors. Some of the shipments were delayed to reach Djibouti and few arrived in time could not be cleared in time due to tedious administrative procedures in the country.

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Mr. Hayashi with Djibouti Staff



Our MEF Staff in Djibouti

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The project is handled by able management team deployed on site – Catering team headed by renowned Chef Kazunori Hayashi, facility team by Mr. Kinoshita and overall project management by Mr. Hanaoka. The staffs on site are all dedicated, hardworking and a great sense of team work is prevailing, which make the project successful. The customer remains happy on MEF performance.

MEF made good investment in the project – from vehicles to containers and all equipment required for the project, to ensure successful handling of the project throughout its duration. Local service providers are aligned to various requirement of the project as well. We currently employ 84 local staff and 14 expatriates for the project, including MEF staff.

We had the honor of a visit by FTC President, Mr. Masaharu Ono on 7 June, who met with the Commanding Officer of the Camp and the Japanese Embassy in Djibouti. Mr. Ono had spend considerable time with the staff, having dinner and lunch together in the camp, which served as a huge morale booster to the team, working in such a hot summer in this under developed country.

The team remains motivated and looking forward to secure the project continuously, which will hopefully make Djibouti another base for MEF away from its home and the gateway to Africa.

~ Mr. Biji Joseph

**MEF Staff with
Mr. Masaharu Ono, FTC President**



A Glimpse to Djibouti in Pictures

Engineers at work in the Camp...



The Bar...



The Catering Service...



Our very own MEF Office...



A Glimpse to Djibouti In Pictures

Home after a day's work ... :)



MEF villa front view ...



MEF villa side view ...

Recreation and FUN time ... :)



60th ISSA Convention and Trade Exhibition Singapore 2015

ISSA celebrated their 60th Diamond Jubilee Convention and Trade Exhibition in Singapore on the 24th & 26th April at the Resorts World Sentosa. I am indeed grateful and delighted to have attended on behalf of the MEF Group of Companies. Additionally, MEF was one of the Silver sponsors of the event.

Our hosts for the event was SASS (the Singapore Association of Ship Suppliers & Services). Most of you will be aware that Singapore, a little island inhabited by only 4 million nationals and 1 million expatriates, is the undisputed leading maritime nation for marine supplies and services including the biggest by far, container shipping port (33m TEU per year) as well as ship repair and dry docking capacity.

SASS members and leadership together with their contracted event organisers, did an absolutely fabulous job in all aspects including friendly generous hospitality

- ◆ 205 registered convention delegates from 46 countries from all 5 continents world-wide
- ◆ 31 supplier and service companies at the Trade Exhibition
- ◆ Great facilities at the hotels as well as the convention and exhibition venues
- ◆ Professionally, excellent and relevant topics providing knowledge and networking value for the attending delegates
- ◆ A full and enjoyable programme for the accompanying persons and even a golf tournament to challenge all those inclined
- ◆ Entertainment was of the highest calibre with three socially delightful evenings including the historical British club to the very modern state-of-the art S.E.A. Aquarium and Shangri-La Hotel



The Gala Dinner on the 26th April evening was a black tie affair at the Shangri-La hotel. The guest list was in excess of 600 with the very great and famous of the Singapore marine community. The entertainers were magnificent and the entire effort was managed seamlessly. Fantastic! The highlight of the evening was the passing of the ISSA flag from the SASS President Danny Lien to our own CEO & President Saeed Al-Malik as UNSSA will host the next 61st ISSA Convention and Trade Exhibition in Dubai in October 2016. Fuji President Ono san was among those honoured for Fuji's long service and support of ISSA and the supply industry.

~Captain Peter Paul C. Machado

NITTO Kohki Technical Training



On June 6th, 2015, Middle East Fuji Industrial Solutions team attended a technical training conducted by Nitto Kohki Japan.

Mr. Kenji Yaji and Mr. Hiroyuki Katada from Nitto Kohki Japan led the training. The main topic was about Nitto Kohki quick connect couplers. Nitto Kohki is well known for Quick connect couplings across the world but the consumption of the same in the Middle East region is less compared to other parts of the world. We, at MEF also mostly sells the tools from Nitto.



The training started by physically showing the advantages of Nitto quick couplers compared to the ones available in Middle East market. Mr. Katada showed us the different types from the Cupla Sample case.



Later on Mr. Yaji and Mr. Katada explained about the technical and functional effectiveness of Nitto Quick couplers. Also discussed about the possible applications and target customers in the Middle East.

The training was very informative and helpful from the marketing and technical point of view.

After the training a team lunch was also arranged.

“A positive attitude may not solve all your problems, but it will annoy enough people to make it worth the effort.”

~Herm Albright

~Mr. Jibu Mathews



Nitto Kohki Japan professionals with MEF Industrial Solutions Team

Ramadan 2015: Starving-Body, Feeding-Soul

The month that our Muslim brothers and sisters have all been excitedly anticipating is finally here. In this holy month of Ramadan, they hold themselves back from physical desires through abstinence or fasting. While they are depriving their bodies from food and drinks, something truly amazing is happening within them. They take the time to feed their souls with great spirituality, dedication, gratitude, commitment, and purity.

During this holy month, there are things that we need to observe as we sympathize with them and join them in celebrating spirituality and oneness with Allah. Please pay attention to the following Do's and Don'ts:

- ◆ **Do** say "Ramadan Kareem" to your Muslim friends and colleagues.
- ◆ **Do** smoke, drink, and eat in the privacy of your home, hotel room or office. If you work in a shared or open plan office simply designate a room where the door can be closed. The point here is to be respectful to those colleagues who are fasting.
- ◆ **Do** remember that office hours will change which will in turn affect traffic patterns. Peak traffic will occur earlier than normal, 7am – 9am and 1pm – 3pm. An additional rush hour occurs at 8pm – midnight.
- ◆ **Do** avoid driving close to sunset. It can be hazardous during this time as the roads fill with people rushing to break the fast at Iftar celebrations. Remember many drivers will not have had anything to eat or drink all day so exercise caution.
- ◆ **Do** dress conservatively. Avoid going to public places like shopping centers and parks wearing shorts, mini-skirts or sleeveless outfits. This law is applicable all year round but sensitivities are heightened during Ramadan.
- ◆ **Do** give to the poor and help the needy. Ramadan is renowned for its charitable nature. You don't have to spend the earth – small gestures go a long way.
- ◆ **Do** make the most of the community spirit and sumptuous food to be found in the Iftar tents at the city's hotels. It's a great opportunity to relax, play games and experience some traditional Arabic cuisine and entertainment.
- ◇ **Don't** dance, sing or be intoxicated in public at any time. Most major nightclubs will close for Ramadan. Bars and pubs will generally remain open but will only serve alcohol after dark.



Similarly, liquor stores will only sell after dark. There is also no live music and nothing above quiet background music in bars and pubs.

- ◇ **Don't** play loud music at any time in your car, on the beach or even at home. You can play music; just make sure it can't be heard outside your car or home and use headphones on the beach.
- ◇ **Don't** wear revealing or tight fitting clothes in public, modesty is key during Ramadan. This includes when you are heading for a night out.
- ◇ **Don't** smoke, drink, chew gum or eat in public during the hours of sunrise to sunset. This includes while you are driving as well as public places such as malls, cinemas or offices.
- ◇ **Don't** swear in public. Blasphemy is frowned upon at the best of times, but during the Holy Month of Ramadan it's particularly offensive.

May this Ramadan be a chance for all of us to revitalize our inner selves and bring out the best in people and draw them closer together.

<http://www.expatechodubai.com/whats-on/ramadan>

Ramadan
Mubarak

~Ms. Eva Stella Lomod

Earthquake and Fire Drill

On 11th June 2015, MEF conducted mock earthquake and fire drills for Emergency Preparedness. Safety is a top priority for the company that is why exercises like these are held for everyone's benefit. During the mock drills, we had the opportunity to be observed by a third-party company for the purpose of evaluation.

At exactly 4:15 in the afternoon, EARTHQUAKE was announced and all staff performed the basic thing to do to protect them, "DROP! COVER! HOLD!" Other things to consider when you are indoors when earthquake occurs are the following:

- ◆ Avoid windows, hanging objects, mirrors, tall furniture, large appliances and cabinets filled with heavy objects.
- ◆ Do not try to run out of the building during strong shaking.
- ◆ Do not use elevator

Things to consider when you are outside when earthquake occurs:

- ◆ Move to a clear area where you can safely walk
- ◆ Avoid power line, buildings and trees
- ◆ If you are driving pull over to the side road and stop, avoid stopping under overhead hazard
- ◆ If you are in the beach, move to higher ground, an earthquake can cause a tsunami.

Once the earthquake stops check the people around you for injuries and provide first aid if necessary. Do not move seriously injured person unless they are in immediate danger. Inspect your home for damage.



For the second drill, fire alarm buzzed alerting all staffs inside the premise. All went out and gathered at the assembly point. All team leaders took charge for their team members and did the head count to ensure all were safe. For the purpose of training, one staff was left inside to be rescued. The Emergency Response Team (ERT) responded immediately once it was announced that someone was missing. Fire fighters together with safety officer went in to rescue while the first aiders waited outside. The casualty was recovered. The safety officer then announced that building is safe and all headed back to work.

~Mr. Ricky Ranoco



MEF New Staff

During the months of April—June 2015, MEF welcomed new members of the family. High spirited and esteemed individuals joined the organization and showed willingness to achieve a common goal which is SUCCESS!!!

Welcome Aboard!!!



LYN ALPAS

(MARINE SUPPLIES)



DELMAR CORDERO

(MEF ENGINEERING)



MARY JANE ABAD

(MARINE SUPPLIES)



VAISAKH SHANMUKHAN

(MEFKS)



DINESH BALAMI

(DJIBOUTI CAMP)



SAAD MEHMOOD

(LOGISTICS)



DEEPAK KATHRI

(DJIBOUTI CAMP)



Orion Work Tips

A good system is not enough to make the work done fast. Some “function keys” can also be a great help! Here are

- * *Cancel - Esc*
- * *Clear Field/Item - Ctrl + u*
- * *Debug Mode - Ctrl + ?*
- * *Delete Backward - Delete*
- * *Delete Backward - Backspace*
- * *Display Error - Shift + F1*
- * *Left - Left*
- * *Next Block - Ctrl + Page Down*
- * *Previous Menu - Ctrl + Enter*
- * *Return - Enter*
- * *Right - Right*
- * *Show Keys - Ctrl + F1*
- * *Accept - F10*
- * *Accept - Enter*
- * *Exit - Ctrl + q*
- * *Help - F1*
- * *Print - Ctrl + p*
- * *Scroll Down - Down*
- * *Scroll Down - Page Down*
- * *Scroll Up - Up*
- * *Scroll Up - Page Up*



~Ms. Melanie Jane Tarrosa

Wedding of the Quarter: Union of Two Souls

Marriage is the process by which two people make their relationship public, official, and permanent. It is the joining of two people in a bond that putatively lasts until death. *(Psychology Today)*



“A successful marriage requires falling in love many times, always with the same person.”

~Mignon McLaughlin

Our very own **Mr. Ronald Ferrer** and **Mr. Rooble** recently tied the knot to their respective wives. They sure made a big step in their lives and we wish them all the best. For those of us who weren't there to witness the ceremonies, let's feast our eyes on the photos taken during the grand celebrations of both couples.



~Ms. Eva Stella Lomod



Employee of the Quarter

There will be obstacles.
There will be doubters.
There will be mistakes.
BUT with HARDWORK,
there are **NO LIMITS.**

Middle East Fuji L.L.C is pleased to announce the following staff who have shown exemplary performance for the **Second Quarter of 2015.**

“CHANGE doesn’t come in nickels and dimes. It comes in dedication and sweat.”

~Toni Sorenson



Dil Kumar Tamang
Marine Supply (Warehouse)



Faisal Nabi Bakhsh
Marine Supply (Logistics)



Sahan Mendis
Accounts



Mary Grace Pandan
Marine Supply (Privision)



~Ms. Sarah Jane Autor

Best Morning Meeting MC



It's been a practice and part of MEF's culture to start every weekdays with a 15-minute morning meeting. This short period of time is allotted for interaction among staff about daily business activities and any other topics that will give information to the country and adds value to human life. But of course, this forum won't be possible without the headship of the MCs.

The following teams had proven their teamwork and style to be called as **Best MCs of the 2nd Quarter 2015!**



May: Warehouse Team

~Ms. Sarah Jane Autor



April: Provision Team



June: HR/Admin Team





*“Count the age, not the wrinkles you have...
Count the blessings and wonderful experiences you’ve had, not the mistakes you’ve made...”*

The gift of life is the greatest gift anyone can have. Here at MEF, we value each person’s presence thus we find time to party with our colleagues who are celebrating their birthdays.

Birthdays mark a new start, a fresh beginning, and a time to pursue new endeavors with new goals. Move forward with confidence and courage...

~Ms. Melanie Jane Tarrosa

Happy Birthday Colleagues!!!

*“ You can’t turn
back the clock
but you can wind
it up again”*

~Bonnie Prudden





What is Happiness?



A cat died and went to Heaven. God met her at the gates and said, "You have been a good cat all these years. Anything you want is yours for the asking."

The cat thought for a minute and then said, "All my life I lived on a farm and slept on hard wooden floors. I would like a real fluffy pillow to sleep on."

God said, "Say no more." Instantly the cat had a huge fluffy pillow.

A few days later, six mice were killed in an accident and they all went to Heaven together. God met the mice at the gates with the same offer that He made to the cat.

The mice said, "Well, we have had to run all of our lives: from cats, dogs, and even people with brooms! If we could just have some little roller skates, we would not have to run again."

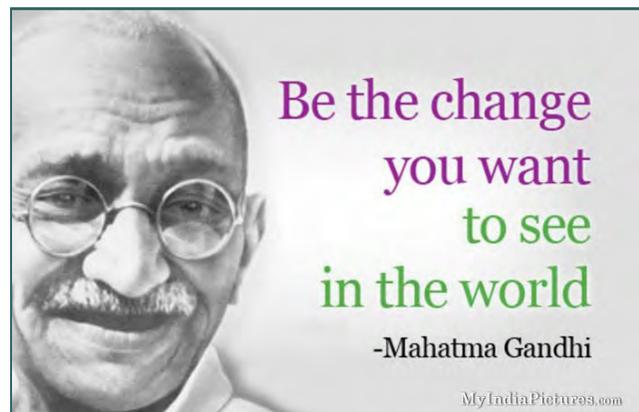
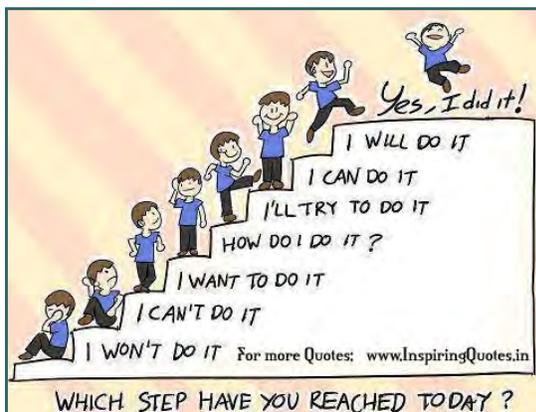
God answered, "It is done." All the mice had beautiful little roller skates.

About a week later, God decided to check on the cat. He found her sound asleep on her fluffy pillow. God gently awakened the cat and asked, "Is everything okay? How have you been doing? Are you happy?"

The cat replied, "Oh, it is WONDERFUL. I have never been so happy in my life. The pillow is so fluffy, and those little 'Meals on Wheels' you have been sending over are delicious!"

~Ms. Melanie Jane Tarrosa

Life Quotes to Ponder...



CPD Continuing Professional Development – Take 10

Key Points to Remember

Extract from The Nautical Institute's "The Navigator" magazine – June 2015 Issue

◆ **Human instinct**

Lifelong learning, or professional development, is a natural human trait.

◆ **Keep in touch**

All of us must keep current to be effective professionals.

◆ **Anytime, anywhere**

Professional development can be a casual process, which includes reading and listening, sharing and teaching.

◆ **A formal process**

Whereas CPD is a formal process involving the cycle of research, planning, recording and reflection.

◆ **Winning friends and influencing people**

CPD is an excellent tool for learning and is highly regarded by employers.

◆ **The best things in life are free**

Professional development need not be expensive. You can learn from books, manuals, magazine and the internet.

◆ **Mentoring matters**

Mentoring and being mentored is often the best form of professional development.

◆ **Keep learning; stay safe**

Not maintaining knowledge can cause mistakes, accidents, cost lives and get you in serious trouble.

◆ **A lifelong commitment**

CPD can and should be a lifelong process to support you through all your careers.

◆ **Sharing is caring**

It is always good to share knowledge and professional development materials with others.

~ Captain Peter Machado

- ◆ On average, 100 people choke to death on ball point pens every year, so be careful.
- ◆ No word in the English language rhymes with month, orange, silver or purple.
- ◆ “Dreamt” is the only English word that ends in the letters “mt”.
- ◆ “Stewardesses” is the longest word that is typed with only the left hand.
- ◆ Typing the word typewriter uses only letters from the top row of your keyboard.
- ◆ Camels milk doesn’t curdle.
- ◆ Cats urine glows under a black light.
- ◆ Cats have over one hundred vocal sounds while dogs have only ten.
- ◆ When you sneeze water can come out of your mouth at speeds of 60mph.
- ◆ There are 366 dimples on a regulation golf ball
- ◆ The longest word in the English language is [Pneumonoultramicroscopicsilicovolcanoconiosis](#)
- ◆ The average human lies at least twice a day.
- ◆ Tigers have striped skin, not just striped fur.
- ◆ An ostrich's eye is bigger than its brain.
- ◆ It's impossible to sneeze with your eyes open.
- ◆ The average person falls asleep in seven minutes.



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